

Newsletter

**March 2012** 

WELCOME TO THE NEW FAMILY, FRIENDS AND CHICKEN SOUP NEWSLETER FROM THE LEADERSHIP TEAM. We hope you will enjoy the helpful tips, news and articles!

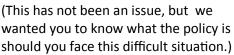
#### **HAPPENINGS**

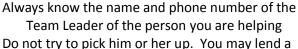
Sabad Abreau has moved to an assisted living facility. Carmen Swaim remains in rehab at Manor Care Kermeth Wright is in rehab at Winter Park Rehab Center and welcomes visitors. Please call to make arrangements if you care to visit.

**Clarence Hodges** has moved into assisted living at the Westchester.

**Virginia Ferrigamo** has moved to an assisted living facility.

# Helpful Tips for Volunteers WHAT TO DO IF SOMEONE FALLS





hand if they can get up primarily by themselves. Otherwise, ask them to stay where they are.

If they cannot get up, call 911 and stay with your care recipient until help arrives.

If he asks you to call someone, and has the name and number, please do so.

Call the Team Leader and leave a message, if she does not answer. Call Mary Ann Gilbert at church and/or Pegge Stickel and leave messages. Speak to the receptionist at the front desk at church if you cannot reach anyone and ask them to locate Mary Ann. Once you have spoken to any of these, you do not have to make any more calls.

You do not have to accompany the care recipient to the hospital. Once they are in transport, your assignment is finished. We will notify you of your care recipient's condition when we find out.

### MEET ANN POPORA

Ann was born July 22, 1928 in Brooklyn, NY; went to elementary



school there and high school in Queens. As a career-minded single woman, she worked in Manhattan in the insurance field for 15 years before moving to her dream job as Traffic Manager at radio station WRIV. She worked in this demanding field for 14 years; writing scripts, scheduling air time for everyone from advertisers, clergy, and politicians to name a few.

In her "leisure" time she became active in the Sons of Italy, was elected to office and was their delegate for two conventions

Ann moved to Florida in 1977 and worked for Orlando's TV 2. Although she enjoyed her time in TV, her real love would always be radio.

In addition to her talents as a successful business woman, Ann loves to cook....especially Italian food. She has lived at Calvary Towers for 2 years and has a stubborn resistance to ill health and has defied all grim prognoses, refusing to give up without a fight. It is this dauntless, unsinkable spirit that has endeared Ann to Chicken Soup volunteers. She is an inspiration to all.

"You never get dizzy from doing a good turn."

#### CHECK OUT OUR NEW LOGO

As you can see, we have a new logo. This is part of a parish-wide project to establish some cohesiveness and identification for our many ministries. Like it?

St. Margaret Mary Catholic Church

**526 North Park Avenue** 

Winter Park, FL 32789

407-647-3392

www.stmargaretmary.org

#### NOTES FROM THE TEAM

The leadership team meets on the third Tuesday of every month at 1:00 pm and it's open to all volunteers. Please call Pegge Stickel if you would like to attend. If you or someone you know needs help, be sure to let us know. Or if any of your friends want to become volunteers, let us know and someone will call

Please remember to pray for our volunteers, past and present, who may be ill, injured, grieving or experiencing other difficulties. Let's always also remember those we serve in our prayers.

## SERVICES PROVIDED LAST QUARTER (October-December 2011)

194 transports

11 visits

2 meals

Congratulations to all for these astounding numbers

#### THE LEADERSHIP TEAM

**Team Leaders** 

Melissa Bunkers

Anne Dore

Bobbe Lyon

Rose Plumley

Mary Scott

Jeannine Walsh

**Ministry Coordinator** 

Pegge Stickel 407 629-9699 pstickelcct@aol.com **Volunteer Coordinators** 

Anne Dore

Cris Kirscht

Lucy McDonough

Vickie Night

Michelle Olson

Kathy Picciano

**Church Liaison** 

Mary Ann Gilbert 407 628-1324 maryann@stmargaretmary.org



Next issue will have tips on what to do in a hurricane plus a feature on another one of our "chicken soupees."