

Diocese of Orlando Year of the Eucharist

The Communion Rite



Families and the Eucharist



In the Communion Rite we step back and think about

this great gift of Jesus which we are about to receive.

We gather as unique individuals at the Mass, but when we pray The Lord's Prayer, we remember that we come together as God's children. We pray in community for reconciliation and for forgiveness. Even the smallest child enjoys participating in the Sign of Peace, the next part of this rite. This peace gesture is an expression of reconciliation. We grasp the hand of Christ by holding the hands of the parishioners around us. We are totally aware of the Body of Christ at this moment. We pray for peace and unity for the Church and for our human family.

As the Bread is broken, we pray, "Lamb of God, you take away the sins of the world, have mercy on us." We remember the loving sacrifice of Jesus and ask for all of God's blessings. We then move forward in procession to receive Christ in Holy Communion. We make the choice to take Jesus into our bodies, hearts and souls. Placing one hand over the other, we form a throne in order to receive the Kings of Kings. We say "Amen" before receiving Jesus. This is our "yes," and we truly believe that we receive Jesus Christ.

Circle the words relating to the Communion Rite in the Mass.

I V N V Q F T M G F M H O C Z Z L Y F X
P X S S R T L F K L L R A F D M V A K S
L C H R I S T B P I A T N X Z K K O B U
X C X C W P M J V T F G T P P T C L H D
H D T I K R K O Z B C F R E M X H R O G
N Z F N O G E Y G I O O Y U A E I I S P
H J I R U H Q A K R C W H G V W N C F D
E D P Y A J Z S G E W Y V S R N O D X A
Q I E S L Z Q I S R U Q B C E O H K L Y
T D I A S U V S O F K R O M Y E B R Y T
T H B Q F E I I V P O M A F A U O F W M
K S C R N O R Y D C M Z Q S R Q S M S G
T Z V E N O J F E U R P L V P O S I M A
H D S E W X R Z N N U R T Z S R F L A U
R S U Q T C K I U X N E J U ' L Q V G M
O Y F B H L O N T C I C V E D X L G O Z
N I E W M N A Q S E T A V F R U Z B R S
E O D K N B F M W O Y E A T O J Q X N W
Q J Z L G M O Q B Y Z P J O L M N S I F
U X I E B N I N Z I E H K B M E I H Y V

AMEN

LORD'S PRAYER

LAMB

RITE

UNITY

COMMUNION

CHRIST

PROCESSION

FORGIVENESS

PEACE

THRONE

Special pull-out section to keep for further reference