

Diocese of Orlando Year of the Eucharist



The Sending

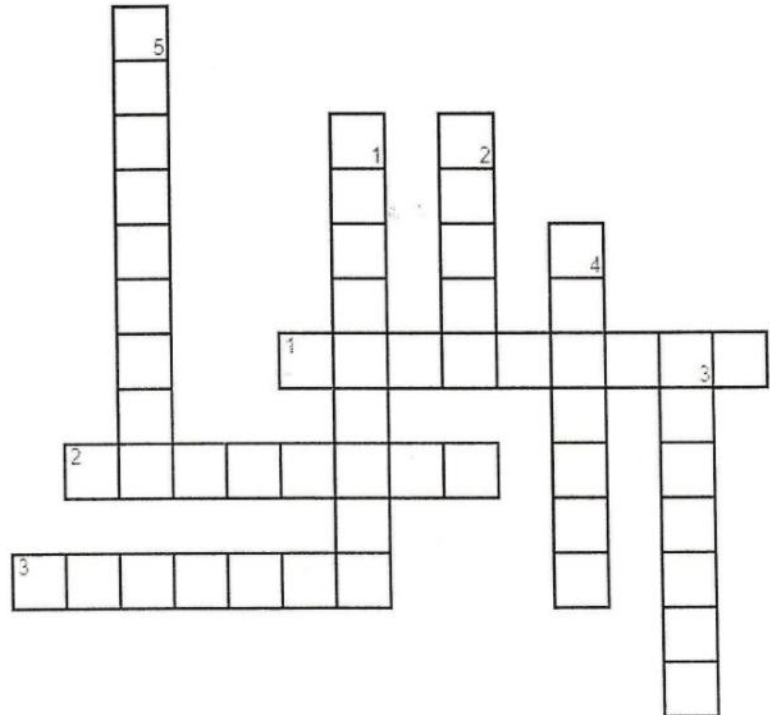
Families and the Eucharist

When we go on a journey to another place, we pack our suitcases with things we will need such as clothes and shoes. We can also take another kind of journey, a faith journey. On this journey we take the love of Jesus with us. We are then ready to face anything!

After we receive Holy Communion, we have quiet time to pray. Then, Father stands to give us the final blessing, and we stand with him. Father asks God for a number of special graces for us.

The priest or deacon then says, "Go in peace, glorifying the Lord by your life." We answer, "Thanks be to God." These are special and important words. We are sent out to live what we have celebrated at Mass. We are called to glorify the Lord by serving others in his name.

We will continue to go to Mass to praise God and to receive Holy Communion as often as we can. Eucharist is food for our faith journey.



Down

1. Body and Blood of Christ
2. Belief in God
3. Quiet time to think about God
4. Glorify the Lord by the way we live
5. Ite, missa est

Across

1. Source and summit
2. God favors us with special graces
3. Proclaim Christ to the world

Word Bank

Service
Blessing
Dismissal
Faith
Communion
Silence
Eucharist
Mission

Special pull-out section to keep for further reference