

St. Margaret Mary's 'Call to Holiness' 2019 Lenten Calendar

March: *What does making a preferential Option for the Poor & Vulnerable mean for you?*

	<p>Lent is a time to recall the 40 days Jesus spent in the wilderness, facing challenge and temptation and to reflect on God's purpose for us - our CALL TO HOLINESS. The Beatitudes and Catholic Social Teaching challenge us to engage in socially conscious activities that strengthen our spiritual lives. What choices & changes, such as being aware of the poor & reducing single-use plastics, can help you grow in holiness?</p>		<p>6 ASH WEDNESDAY</p> <p>Make time to participate in a liturgy today.</p> <p>Day of fasting & abstinence</p>	<p>7 VOLUNTEER</p> <p>Consider the DENTAL MISSION OF MERCY, 3/22-23</p>	<p>8 STATIONS OF THE CROSS, SMM</p> <p>INTERNATIONAL WOMEN'S DAY - <i>Advocate for gender equality.</i></p> <p>Day of abstinence Adoration at SMM</p>	<p>9 PRAY</p> <p>Ecological Stations of the Cross outdoors at Mead Gardens at 10:00 AM with SMM parishioners.</p>
<p>10 BE MEEK</p> <p>BLESSED ARE THE MEEK, FOR THEY SHALL INHERIT THE EARTH: To be meek is to be considerate and caring in dealings with others.</p>	<p>11 LENTEN FILM</p> <p><i>Pope Francis: A Man of His Word</i> at SMM Learn more about how Pope Francis follows his 'Call to Holiness.'</p>	<p>12 LEARN</p> <p>Poverty USA's Interactive Quiz: Take a quiz to learn more about the impact of poverty across our country.</p>	<p>13 GIVE UP</p> <p>Plastic bags, cups and bottles, use cloth bags, travel mugs, & reusable bottles.</p> <p>Prepare food at SMM for the Homeless 1st & 2nd Wednesdays.</p>	<p>14 LEARN</p> <p>Find out more about diocesan efforts against human trafficking.</p> <p>Choose fair trade Easter candy.</p>	<p>15 PRAY</p> <p>Pray: Litany of Humility</p> <p>Stations of the Cross based on Catholic Social Teaching</p> <p>Day of abstinence Adoration at SMM</p>	<p>16 LIVE SIMPLY</p> <p>Mother Teresa suggested that we "live simply, that others may simply live." What does this mean for you?</p> <p>Shop for food pantry.</p>
<p>17 THINK OF OTHERS</p> <p>Invite someone who may be lonely or feel unheard to take a walk with you. Call or write a sick friend.</p>	<p>18 ABSTAIN</p> <p>Meatless Monday may help you connect more with those who cannot afford meat. Plant based diets reduce CO2 more than recycling.</p>	<p>19 PRAY</p> <p>St. Joseph's Feast Day: Reflect prayerfully on how Joseph provided for Mary and Jesus. Ask "how am I called to care for others?"</p>	<p>20 LEARN</p> <p>As disciples of Jesus, we pray, reach out, learn and act together as a community. How are we doing in these areas? Take a self-check.</p>	<p>21 REFLECT</p> <p>International day for the elimination of racial discrimination. How can you combat racial discrimination?</p>	<p>22 LIVE SIMPLY</p> <p>World Water Day. Advocate for management of freshwater resources. Reduce water use.</p> <p>Day of abstinence Adoration at SMM</p>	<p>23 LEARN</p> <p>Learn more about another faith. You can attend an Open House at Islamic Society of Central Florida 5:30 PM</p>
<p>24 LEARN</p> <p>Oscar Romero Feast Day: Learn how he lived his 'call to holiness' in a short video.</p>	<p>25 PRAY</p> <p>Pray for women with unplanned pregnancies. Donate diapers for CSC or JMJ Pregnancy Center.</p> <p>Attend Parish Penance Service</p>	<p>26 ADVOCATE</p> <p>Catholic days at the Capitol: Join Catholics in Tallahassee to advocate for laws that protect the poor & vulnerable.</p>	<p>27 LEARN</p> <p>Catholic days at the Capitol: Study the Social Policy Priorities identified by Florida Bishops. Call your legislators to advocate for something important to you.</p>	<p>28 ABSTAIN</p> <p>Fast from junk mail. NYU says 5.6 million tons of junk mail end up in landfills yearly. Learn how to opt out.</p>	<p>29 LEARN</p> <p>LITE Retreat: Consider attending retreat tonight & tomorrow for a deeper understanding of the Eucharist.</p> <p>Day of abstinence Adoration at SMM</p>	<p>30 PRAY</p> <p>LITE Retreat</p> <p>Pray the St. Thomas More Prayer for Good Humor. Pope Francis prays it daily.</p>