

Mental Health (MH) Ministry Resources

Name	Description	Scope of topics (<i>NOTE: below is not all inclusive, common themes highlighted</i>)								Types of media
		Spiritual	Caregiver	Veteran	Grief	Substance use	Violence	Suicide	Youth	
Catholic Mental Health Ministries https://catholicmhm.org	Resources for parishioners (prayers, outreach, education) Resources for starting a ministry	X	X <i>Including aging and dementia</i>		X	X	X	X	X	Readings Presentations Videos/Webinars Training – MH First Aid Recursos en español: Catholic MH Ministries
Sanctuary Mental Health Ministries https://sanctuarymentalhealth.org	Resources to engage in topics of faith and MH; includes racial and cultural considerations	X			X <i>COVID-19 focused</i>			X	X	Readings/blog articles Audio/Podcasts Music channel Training – sanctuary course (MH awareness and discussions)
Psych/Armor https://psycharmor.org	Resources for military cultural education and career support Resources for healthcare providers and organizations to connect and support Veterans		X <i>Including caregiver MH</i>	X <i>Including Women focused</i> <i>Including spouses</i>	X	X	X	X		Blogs Audio/Podcast Video courses Training courses for individuals and organizations Certificate courses for organizations
VA REACH Program https://www.va.gov/REACH/	Resources for Veterans/caregivers to find care based upon emotional needs Resources for connecting Veterans with care, benefits, financial advice and education			X	X	X	X			Interactive emotion/experience based content Links to resources (readings, videos, VA app store) based upon interactive content

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Substance abuse and mental health services administration (SAMHSA) https://www.samhsa.gov	Resources for education regarding MH and connecting to support/help Practitioner training		X			X		X	X	Readings/articles Interactive quizzes Videos to public Programs/campaigns Training -various for practitioners Recursos en español: SAMHSA Salud Mental SAMHSA Encuentra Apoyo
National Alliance on Mental Illness (NAMI) https://www.nami.org https://www.nami.org/Get-Involved/NAMI-FaithNet/	Resources and education regarding MH conditions, related conditions and statistic	X <i>FaithNet</i> <i>Including impact on MH</i>	X	X		X		X	X <i>Including social media and bullying</i>	Readings (mostly) Videos Podcasts/Webinars Classes/presentations Training – stronger together workshop for professionals Recursos en español: NAMI salud mental en la comunidad latina
American Counseling Association www.counseling.org	Advancing mental health and well-being through advocacy, community, inclusion and research.	x	x	x	x	x	x	x	x	Education, Provider directories,

<div>Covenant Eyes</div> <div>www.covenanteyes.com</div>	<div>Internet</div> <div>accountability for</div> <div>allages</div>	<div>x</div>							<div>x</div>	<div>Books, ebooks</div> <div>podcasts</div>
<div>Love Means More</div> <div>www.Lovemeansmore.org</div>	<div>relationships and</div> <div>marriage</div>	<div>x</div>			<div>x</div>	<div>x</div>	<div>x</div>			<div>Articles</div> <div>Podcasts</div>