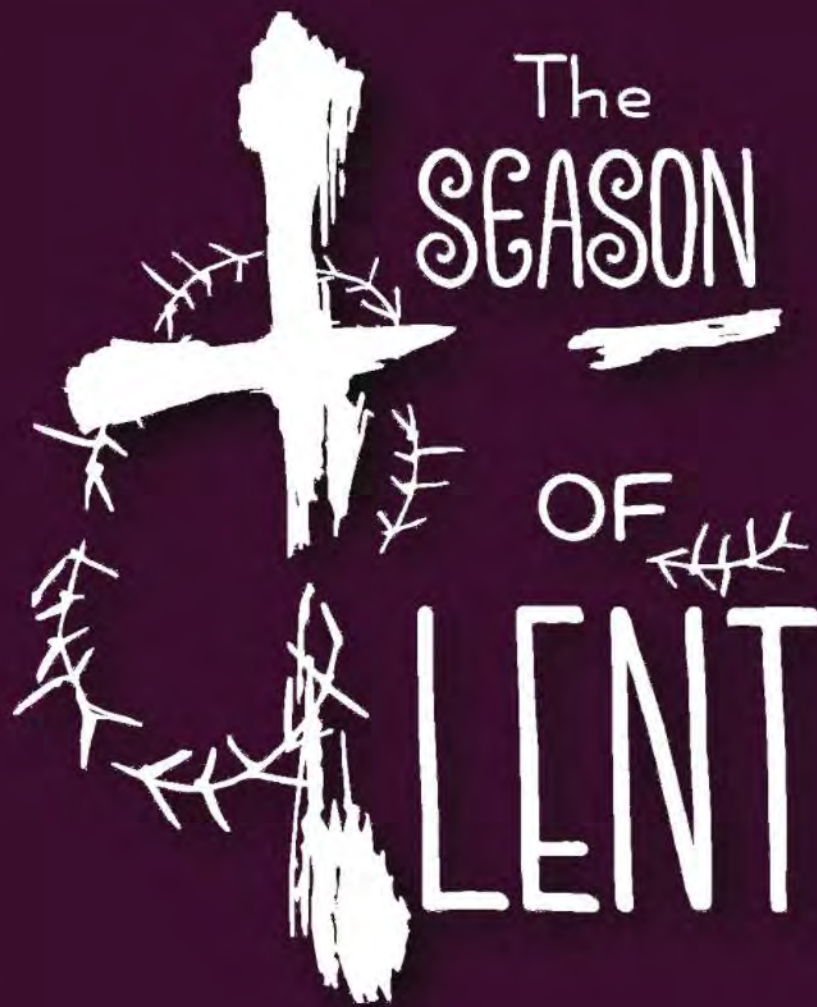


Lenten Penance Service

Monday, March 24 at 7 pm (Church)

Has it been a while since you availed yourself of the
Sacrament of Reconciliation? Need help?
See guide, *"How to Make a Good Confession"* on page 4.



**A special welcome to our Art Festival visitors!
Thank you for praying with us this weekend.**



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get connected   



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Pastor / Vicar General
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Rev. Joshy Mathew
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Deacon Joe Pizzarello
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parish staff

For all other inquiries not listed below, call: **407-647-3392** Fax: 407-647-4492

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Adult Faith Formation

Karen Falbo 407-644-6812
Karen@stmargaretmary.org

Anointing of the Sick

Call the Parish Office: 407-647-3392

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Confirmation for Adults

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Sandi@stmargaretmary.org

Bela Schmitt 407-647-6129
Bela@stmargaretmary.org

• calendar & mass schedule

• mass intentions • readings

Monday, March 24

8:00 am Mass (Church) (Rosary in Chapel prior: 7:30 am)
 11:00 am Surviving Spouses
 5:30 pm Mass (Church)
 6:30 pm Surviving Divorce Support Group (Holy Grounds)
 6:30 pm **FOCCUS Training/NEW Facilitators (onsite)**
 8:00 pm **FOCCUS meeting/Current Facilitators (Zoom)**
 6:45 pm Young Adults: Marian Mondays (Chapel)
 7:00 pm Moms Small Group Faith Sharing (Upper Rm)

Tuesday, March 25

7:00 am Bible Study for Men: Fr. Walsh's (Cana)
 8:00 am Mass (Church) (Rosary in Chapel prior: 7:30 am)
 9:30 am **Rosary & Prayer at Abortion Clinic**
 10:00 am Caregivers Support
 10:00 am **Purls and Prayers (Holy Grounds)**
 4:00 pm Centering Prayer
 5:30 pm Mass (Church)
First Communion Preparation

Wednesday, March 26

8:00 am Mass (Church) (Rosary in Chapel prior: 7:30 am)
 10:00 am **Senior Ministry Book Club (Holy Grounds)**
 10:00 am **Writing Group (SMM Room)**
 5:30 pm Mass (Church)
 6:30 pm **Middle School EDGE Night**
 7:00 pm SMM Choir (Chapel)

Thursday, March 27

8:00 am Mass (Church) (Rosary in Chapel prior: 7:30 am)
 5:30 pm Mass (Church)
 6:00 pm **Cursillo Ultreya (Parish Hall)**
 6:30 pm **Lenten Film: "Backs Against the Wall" (Cana)**

Friday, March 28

8:00 am Mass (Church) (Rosary in Chapel prior: 7:30 am)
 8:30 am Sacrament of Reconciliation (Chapel)
 5:30 pm Mass (Church)
 7:00 pm Stations of the Cross (Church)

Saturday, March 29

8:00 am Mass (Church)
 8:30 am Sacrament of Reconciliation
First Eucharist Retreats
 3:45-4:45 pm Sacrament of Reconciliation (Chapel)
 5:00 pm Vigil Mass for Sunday

Sunday, March 30
3rd Sunday of Lent

8:00 am Mass
 9:30 am Mass (babysitting available for ages 4 & under)
 10:30 am **Faith Formation for Children**
 12 Noon Mass
 6:00 pm Mass
 7:00 pm **High School Life Night (Youth Room)**

Monday 3/24	2 Kings 5:1-15ab; Ps 42; Lk 4:24-30 8 am † Dorothy Patterson 5:30 pm † Carlos Figueroa Pulido
Tuesday 3/25	The Annunciation of the Lord Is 7:10-14, 8:10; Ps 40; Heb 10:4-10; Lk 1:26-38 8 am † Mary Daly 5:30 pm † Lucille Marquez
Wednesday 3/26	Dt 4:1, 5-9; Ps 147; Mt 5:17-19 8 am † Ted Sheehan 5:30 pm † Alcar Sy
Thursday 3/27	Jer 7:23-28; Ps 95; Lk 11:14-23 8 am † Marsha Stokes 5:30 pm † Frank Cuff
Friday 3/28	Hos 14:2-10; Ps 81, 14 and 17; Mk 12:28-34 8 am † Lisa Ragland 5:30 pm † Luis Cabal
Saturday 3/29	Hos 6:1-6; Ps 51; Lk 18:9-14 8 am † Pat Zaidel 5:00 pm † Joseph Pedalino
Sunday 3/30	4th Sunday of Lent Jos 5:9a, 10-12; Ps 34; 2 Cor 5:17-21; Lk 15:1-3, 11-32 8 am † Juan Bellotti 9:30 am <i>Parish Family</i> 12 Noon † Jim Lee 6 pm † Ann Arseneault

- **Social Justice**
- **Connect**
- **Faith Formation**
- **Liturgy**
- **Service Opps**
- **Sacraments**
- **SMM School**
- **Support**



To make an online donation

How to Make a Good Confession

The Sacrament of Reconciliation, or Confession, brings about a change of heart through God's mercy and forgiveness. Experience the Lord's compassion through the Sacrament of Penance which is made up of the following parts: Before Confession, During Confession and After Confession.



Before Confession

How to Make a Good Confession

Confession is not difficult, but it does require preparation. We should begin with prayer, placing ourselves in the presence of God, our loving Father. We seek healing and forgiveness through repentance and a resolve to sin no more. Then we review our lives since our last confession, searching our thoughts, words and actions for that which did not conform to God's command to love Him and one another through His laws and the laws of His Church. This is called an examination of conscience.

To make an examination of conscience:

- Begin with a prayer asking for God's help.
- Review your life with the help of some questions, which are based on the 10 Commandments (see below).
- Tell God how truly sorry you are for your sins.
- Make a firm resolution not to sin again.

Examination of Conscience

Ask God to help you make a good confession. In quiet reflection ask yourself: Since my last confession...

- Did I pray to God, daily and from my heart?
- Did I live and witness to my Catholic faith, joyfully & courageously? Did I take God's name in vain? Did I curse anyone or make false oaths? Did I engage in superstitious or occult practices?
- Did I attend and participate actively at Mass on Sundays and holy days of obligation? Did I fast & abstain on prescribed days?
- Did I respect people in authority? My employer? Did I honor my parents?
- Was I violent or unnecessarily aggressive (e.g., physically, verbally, psychologically, etc.) with anyone?
- Was I prideful, stubborn, or rude with anyone? Did I hold a grudge?
- Did I abuse alcohol, prescription medications, or illegal drugs? Did I overindulge in food?
- Did I consent to, recommend, advise, or actively take part in an abortion? Did I use abortifacient drugs?
- Did I view pornography, entertain lustful thoughts, conversations or actions?
- Was I unloving to my spouse? Did I engage in adulterous activity (e.g., sexual, emotional, virtual, etc.)? Did I use contraceptives?
- Was I neglectful of the spiritual, intellectual, emotional, or physical needs of my spouse, children, or family?
- Did I steal or damage another's property? Was I honest and just in my business relations? Did I waste time at work?
- Did I contribute to the needs of the spiritually and materially poor with my time and resources?
- Did I engage in gossip? Did I lie? Did I speak poorly of others? Did I judge anyone unfairly?
- Did I envy anyone? Was I jealous of others or covet another's belongings?

During Confession

The Sacrament of Reconciliation (Confession) involves four steps:

- **Contrition:** A sincere sorrow for having offended God, and the most important act of the person confessing. There can be no forgiveness of sin if we do not have sorrow and a firm resolve not to repeat our sin.
- **Confession:** Naming our sins—aloud—to the priest, who represents Christ and the Church.
- **Penance:** The prayers—or sometimes, the good deeds—the priest gives, for our healing and the healing of those we have hurt by our sins.
- **Absolution:** The words the priest speaks by which “God, the Father of mercies” reconciles us to himself through his death and resurrection, called the Prayer of Absolution: *“God, the Father of mercies, through the death and resurrection of his son has reconciled the world to himself and poured out the Holy Spirit for the forgiveness of sins; through the ministry of the church may God grant you pardon and peace, and I absolve you from your sins in the name of the Father, and of the Son, and of the Holy Spirit. Amen.”*

Going to Confession

1. The priest gives a blessing or greeting.
2. Make the Sign of the Cross and say, “Bless me father, for I have sinned. My last confession was...” (give weeks, months, or years).
3. Confess all your sins to the priest. (If you are unsure or uneasy, tell him and ask for help.)
4. Say, “I am sorry for these and all my sins.”
5. The priest gives a penance and offers advice to help you become a better Catholic Christian.
6. Say an Act of Contrition, expressing your sorrow for your sins.

Act of Contrition

God, I am heartily sorry for having offended you, and I detest all my sins because I dread the loss of heaven and the pains of hell; but most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve with the help of your grace to confess my sins, do penance, and to amend my life. Amen.

Or, for children: *“My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.”*

7. The priest, acting in the person of Christ, then absolves you from your sins.

After Confession

Rejoice! You have received the forgiveness of Christ! What should you do when you leave? Remember the words you recited in the Act of Contrition: *“I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.”*

Before you leave the confessional, the priest will give you your penance, which may consist of prayer, an offering, works of mercy or sacrifices. These works help to join us with Christ, who alone died for us. The goal of our life’s journey is to grow closer to God. We can do this through prayer, spiritual reading, fasting and the reception of the Sacraments.

Taken from the Archdiocese of Washington.



Our Catholic Appeal 2025

Our Parish Assessment:

\$ 889,525

Raised to date:

\$514,812.78

428 gifts which is 16.3% of parishioners
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Catholic Social Teaching



The national 40 Days for Life Spring Campaign

ends on Palm Sunday April 15. All parishioners are encouraged to commit to a prayer session in front of the abortion clinic located at 431 N. Maitland Aven, between the hours of 7am- 7pm. Your presence will be noticed by clients of the abortion center and passing motorists -possibly changing their opinion of the need for abortion. Please give this commitment serious consideration & sign up to be onsite at: 40daysforlife.com/en/altamontesprings.

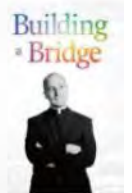
Lenten Film Series

- Thursday March 27, 6:30 pm: **Backs Against the Wall: Howard Thurman Story**



Come learn about the life of 20th century theologian Howard Thurman, who grew up in Daytona, Florida, the grandson of slaves, to become an influential religious leader & writer.

- Thursday April 3, 6:30 pm **Building a Bridge**



This film follows Fr. James Martin on his journey inviting church communities to grow to become more welcoming towards the LGBTQ+ community. The challenges among Catholics over LGBTQ issues mirror larger social struggles as we seek to find greater understanding of one another and build a community marked by love and mercy.

From Changing Diapers to Changing the World

- Author Talk and Advocacy Workshop April 6, 10:40-11:40 am (Parish Hall)

Why do parents make great advocates about poverty and hunger, and how can you stand up for your values to create a better world for all children? Cindy Levin, author and Bread for the World advocate, says, "I'm going to let you in on the big secret: To be a powerful activist, your main job is to put yourself forward and say, "I care!" Levin will speak on how to incorporate effective advocacy into our busy lives. Come learn about immediate, effective steps you can take to promote policies consistent with Catholic social teaching. Bread for the World is an advocacy organization that urges legislators to pursue a world without hunger. Bread equips people to advocate to help end hunger in the U.S. and globally.



Connect

SMM Writing Group - New Sessions begin March 26

Wednesday mornings from 10 am – 12 pm – March 26 through May 7 in the SMM Conference Room. The purpose is to write the stories of our lives. Write something at home, 500 words or less, to bring with you. Keep in mind that this is a sharing group, not a writing critique. The group also writes extemporaneously for 10 minutes at the meeting, so bring paper and pen or a laptop. An optional prompt is provided. The group often goes to lunch afterwards.

All are welcome. No previous writing experience is necessary. Contact or karen@stmargaretmary.org for more information.

St. Margaret Mary / LRA Golf Classic

Register now for the upcoming annual St. Margaret Mary Golf Classic on April 4, 2025, to be held at Dubsdread Golf Course. To register, become a sponsor, or make a donation, please visit: stmargaretmary.wufoo.com/forms/q15o66r21k4sy2d It will be a great day for all!



Senior Ministry (All adults ages 65 and older)

Book Club: Wednesday, March 26, 10-Noon. All are welcome! No RSVP needed.

Faith Formation

OCIA - Celebration of the 1st Scrutiny

Our 18 Elect are in final preparation for Baptism and sacraments of initiation at the Easter Vigil. This Sunday, the Elect will celebrate the first of three Scrutinies at the 12:00 Mass. At this Mass, the Year A readings will be used.

In these rites, the Elect, along with all of us, are called to 'scrutinize' or look closely within ourselves to identify the distractions that keep us from a life with Jesus. We can then look to Christ to heal those weaknesses and strengthen all that is good, right, and just within us. Like the woman at the well, Jesus promises all of us Living Water so that we will thirst no more, for only he can truly quench the longings of our heart.

CURSILLO ULTREYA

Thursday, March 27 at 6:00 pm (Parish Hall)

(begins with dinner provided, please bring green palanca to help with cost)



If you have made a Cursillo weekend in the past, you are invited to come to our monthly Ultraya. Join your fellow Cursillistas, break bread and enjoy an evening of fellowship and sharing. **If you have never made a Cursillo weekend yet are curious and would like more information on the Cursillo Movement, contact** Andrea Cavallere at 407-998-5678 or andrea@stmargaretmary.org.

Lenten Weekly Series

Be sure to check out this week's activities, prayers and reflections for Lent in, *Encountering the Season: Lent for the Family*. The content is available in our "Tuesday Weekly Study" email. To sign up for the "Tuesday Weekly Study", visit stmargaretmary.org/sign-up

Lenten study for Moms:

Monday evenings 7-8 pm, Holy Grounds

We will be using the Blessed is She Lenten study "Under the Olive Tree". There is a book version and a digital version to access here: blessedishe.net/products/lent-devotional-for-women



No need to RSVP; join in any Monday night. For more information contact lori@stmargaretmary.org.

Children ...



Vacation Bible Camp

Volunteers are greatly needed for our Vacation Bible Camp this summer! Station leaders (Adults)

and small group leaders (Middle and High School students) are essential to making our week successful. Please register here: stmargaretmary.wufoo.com/forms/vbc-volunteer-signup

Faith Formation Classes for children

Sundays from 10:40 to 11:40 am

We will not hold class on March 23 due to the Winter Park Arts Festival. Parents, please send your child to class with their school supplies.

High School ...

HIGH SCHOOL Life Night!

Sunday, March 30, 7 pm—8:30 pm

Sunday, April 6, 7 pm—8:30 pm

Sunday, April 27, 7 pm --8:30 pm

Please enter the FLC building through the back lobby doors (by Mary statue that faces the parking lot).

We'll have dinner, games, and a topic to chat about in the Youth Room.

High School Students—Sign up for Summer Trips!

- High Schoolers (rising 9th grade to rising college) enrolled in youth ministry are invited to sign up for Camp Covecrest in Georgia from June 9 to June 14.
- High schoolers are invited to sign up for the Steubenville Conference at the Rosen Center Hotel the weekend of June 27-29.

Please email peyton@stmargaretmary.org and bela@stmargaretmary.org if you would like to apply for the mission trip or sign up for any summer trips.

Middle School ...

Middle School EDGE NIGHT!

Wednesday, March 26, 6:30 pm-8:00 pm

Wednesday, April 2, 6:30 pm—8:00 pm

Wednesday, April 30, 6:30 pm—8:00 pm

Please enter the FLC building to get to Parish Hall through the back lobby doors (by Mary statue that faces the parking lot). We'll have dinner, games, and a topic to chat about.

Middle School Students—Sign up for Summer Trip

- Middle schoolers enrolled in youth ministry (rising 7th grade to rising 8th grade) are invited to sign up for Camp Hidden Lake this summer in Georgia from June 2 to June 7.

Please email peyton@stmargaretmary.org and bela@stmargaretmary.org if you would like to sign up.

Young Adults ...

Marian Mondays

Every Monday at 6:45 pm in the Chapel.

Our events aim to inspire us to be the best version of ourselves, ranging from Holy Hour to Happy Hour! All are welcome!

Liturgy

Hearing Assistance – Loop

A hearing loop is available in the Church and Chapel to assist those with telecoil-equipped hearing aids to hear more clearly during services. We have had some problems with the loop, but they are resolved. If you have had issues with it recently, please try again.



Outreach & Opportunities to Serve

Food Pantry Request

Please consider donating the following items that are needed for one of our local food pantries. We currently supply pantries at the Farmworkers of Apopka, Hope Community Center, Redeemer Lutheran Church and the Winter Park Neighborhood Center for Families.

- Canned meats (chicken, tuna, ham, pork)
- pasta (bagged or boxed)
- cereal, pancake mix/syrup, jam/jelly
- mac/cheese
- soup
- peanut butter



- carrots/mixed veggies
- cookies & crackers

Please remember that these are for the homeless and they are not able to maintain large packages. Single serving sizes would be much appreciated.

Sacraments

Let us pray for those entering into eternal life ... Charles Smith

First Communion Preparation class

Tuesday evening, March 25. (For students and parents) Students should bring their workbooks and school supplies to class.

First Eucharist Retreats

Saturday, March 29 at 9:30 am and noon for registered families. No supplies are needed. Retreats should last about two hours, and begin in the Church.

Marriage Ministry Date night for all couples.

Friday, April 11, 6-8 pm, Parish Hall.

\$10 per couple includes dinner, drinks, and babysitting for children ages 10 and under with RSVP.

Presentation on "Marriage and Money: The Elephant in the Living Room" with speakers Bernadette & Patrick McGinley and Angela and Kris Thornton. RSVP online at:

stmargaretmary.org/ministries/marriage-ministry or call the Family Life Office at 407-645-0284.



Marriage Ministry FOCCUS team meeting, for all current facilitator couples:

Monday, March 24, 8-8:30 on zoom

Join in to meet the new facilitator couples and learn new suggestions for facilitating sensitive conversations. RSVP for zoom link to **lori@stmargaretmary.org**.

FOCCUS training for all new facilitator couples:

Monday, March 24, 6:30-8:30 pm, onsite, St. Margaret Mary room.

Support

Surviving Spouses

Monday, March 24 at 11am.

You are invited to join other widows and widowers for the purpose of bringing together the members of our parish who have lost a wife or husband. At this month's meeting guest speaker Jeanice Young will share her story and how her spiritual journey impacted her. Please call Patrick Demers for any questions at 407-998-5659.



SMM Caregivers Support group

Tuesday, March 25 from 10:00-11:30 am

Caregiving meetings are held on the phone or virtual. If you care for a loved one at home or in a facility, consider taking this time to share with those who are experiencing the same situations and emotions. Give yourself the gift of prayer and support by sharing with one another. For more information call Patrick Demers 407 647-3392.



Mental Health Awareness

SMM is committed to responding to mental health challenges with the compassion of Jesus. This effort aligns with the USCCB's National Catholic Mental Health Campaign and focuses on 3 goals: **1)** To raise awareness of mental health issues and **2)** To reduce the stigma surrounding the issues of mental health. To provide resources for our parishioners and their family members impacted by mental health challenges, **FIND ALL RESOURCES at this QR Code.**



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